Instructions for Bowel Prep For Ileal Conduit Cystectomy Patients

** 2 Days Before Surgery: Patient May Eat Breakfast Before 9am.

   Everything After Clear Liquid Diet

1. Patient should start a clear liquid diet for 48 hours prior to surgery (2 days). This is anything that you can see through (clear broth, apple juice, cranberry juice, 7-up, etc.).

2. **AT 3 PM the day before surgery:** Drink 1 10-OZ bottle of magnesium citrate (can be purchased in pharmacy over-the-counter.

3. Drink plenty of fluids (again, clear liquids), especially the day before surgery.

4. **Take 1 Tablespoon of Mineral Oil** at bedtime the night before surgery.

5. **Nothing to eat or drink after midnight the night before surgery.**

6. Discontinue any aspirin, Coumadin or anti-inflammatory medications 7 days before surgery. Also, discontinue any vitamin or herbal preparations 7 days before surgery (Tylenol is OK).

7. If you are a diabetic, please check with your doctor regarding your diabetes medication, as you will be on a clear liquid diet for 2 days.

8. If you take blood pressure medications in the morning, please take them with a very small sip of water the morning of your surgery.